



GUIA N° 6

1. Write the letter of the phrase with the same meaning as the underline word. (1 pts each)

- |                           |                              |
|---------------------------|------------------------------|
| a. a thick, milky product | d. ability; potential        |
| b. careful                | e. characteristics; features |
| c. received; suffered     | f. small folds in the skin   |

1. \_\_\_ She uses lots of creams and lotions on her skin.
  2. \_\_\_ He looks very old. He has lots of wrinkles.
  3. \_\_\_ Sunlight has the capability to damage your skin.
  4. \_\_\_ The doctor was cautious about giving new medicines to his patients.
  5. \_\_\_ Many people say garlic has lots of healthy properties.
  6. \_\_\_ The boy sustained several injuries from his fall.
2. Answer the following questions. (3 pts each)
1. Which foods have you heard have lots of antioxidants in them?
  2. Do you think you have a healthy or unhealthy diet? Why?
  3. What are some ways that people in your country take care of their skin?